

Voice of the Residents



Shining a Light on Broadmead

Vol. 42, No. 3

Broadmead, Cockeysville, MD

November 2020

Broadmead turtles are abroad

By Carolyn Murphy

Several residents have recently seen four different types of turtles on campus, about a dozen turtles in all, come up to lay their eggs this spring, so there may be lots of babies. The turtles usually come up from the flats around Western Run, or from the stream itself in the case of the snapping turtles. They are headed for the open field near Cluster W, for Lake Maybe, or for anywhere in the clusters they can dig a hole. The hatchlings head to where Mom came from. Most, but not all, go to Western Run.

The turtles identified this spring include painted turtles and red-eared sliders, which were once painted



Painted turtle

and sold. Sadly, being painted eventually killed them. Also seen this spring were box turtles and snapping turtles. Snappers do their best to get away from you, and unless you plan to swim in Western Run, there should be no problem. Lucy and Vernon Wright and this reporter saw four or five snappers on their way to lay eggs. Vernon rescued one from the window well in the residents' vegetable garden.



Vernon Wright with a snapping neighbor

Sande and Pete Lund saw the first baby turtle migrating on September 27; that's the reason for the "Turtle Crossing" signs on Copper Beech Lane, down near Lake Maybe.

Please be careful when you drive in that area. If you see a turtle crossing the road and want to help, please be sure to put it in the direction it was going.



Banner photo by Erroll Hay

Pickleball is coming soon to Broadmead

By Tom Seybold, photo from Adobe Stock

Pickleball is the fastest-growing sport in America for older people. It is a terrific way to get some physical exercise in fresh air while COVID-19 is rampant and many gyms are closed or restricted. For residents interested in trying this sport, Broadmead will be transforming the unused shuffleboard courts into the Broadmead Pickleball Court. Construction is scheduled to begin in late October.

Whether you are a novice or an experienced pickleballer, the Center of Excellence in Health and Wellness is preparing plans and instructional opportunities that will help you engage in this sport with fellow residents. A high degree of ability is not necessary to play pickleball. To get better at the game, practice is required, but the goal should be just to get out there and play, have fun, and get some exercise.

The game is a combination of tennis, ping-pong, and badminton. The court is only about one-fourth the size of a tennis court, and the net is slightly smaller, making it much more a finesse and placement game than is tennis. Pickleball is played with a paddle smaller than a tennis racket and a plastic whiffle-type ball. While the coronavirus is still a threat, you can play masked and wear a glove to hold the paddle. Any athletic apparel appropriate for the weather may be worn, but court shoes are a must for the lateral movement. Running shoes and casual sneakers do not provide

adequate support.

Play can be singles, but it is more often doubles. Physical distancing is built into doubles. Serves are underhand and must start below the waist. The ball must bounce once on each side of the net before it can be volleyed. (A volley is a hit in the air before bouncing.) Players must be behind the non-volley zone, a 7-foot area on both sides of the net, called “the kitchen,” to volley. Points can only be scored by the side that serves. Recreational games are usually played to 11 points and won by a two-point margin.

The game was invented by three men in 1965, on Bainbridge Island, Washington, as a way to entertain their bored kids. Where the name pickleball originated is not clear. Perhaps it was named for Pickles, a cocker spaniel belonging to one of the inventors, who liked to chase the ball and run away with it. It is also said to be named after the pickle boat in crew where oarsmen are chosen from the leftovers of other boats.



Videos are available online to see pickleball in action, and this website is helpful: <https://usapickleball.org/what-is-pickleball/>



Current Events

Barry Rascovar

Thursdays, November 5, 12, 19

3:30 - 5:00 p.m.

Time for Q&A

Zoom link to be provided later

Dan Hall dishes on dining services

by Kathleen Truelove, photos by Kathleen Truelove and Amy Redmon-Norwood

Those pumpkins at residents' doors arrived because one resident asked Dan Hall, Director of Dining and Hospitality, if the Corner Cupboard could get pumpkins for people to buy for fall decoration. Dan did much more than that. He went to Baugher's Orchard and Farm and purchased six pallets of pumpkins, which were distributed to all of the clusters, at no cost to residents. They have brought a bright touch to fall at Broadmead.



B-6 and B-7

Dining Services has undergone many changes as a result of the pandemic. Serving food to residents in their homes is a team effort, Dan says, and



N-11

everyone is pitching in. Each morning, Katie Smith, Catering Coordinator, and a couple of other staff count the various orders from the 300 or so menus they receive. This is put on an Excel spreadsheet to let the staff know how many of each of the food items to prepare for that day. The food is then prepared and at 2:30 p.m. is put into two serving lines to make up the orders for 17 clusters. The food is put into containers for delivery beginning

at 3 p.m. The order in which the dinners are delivered to the clusters is varied so that no cluster is always first or last.

The challenges during the pandemic have been ongoing. One issue has been portion size, which has been increased in response to residents' requests. Printing the gluten-free menus in a different color is a recent change, although this has long been the practice in Hallowell and Taylor. The initials at the top of the menu are those of either Assistant Executive Chef Jerrell Fleming or Dan Hall. The initials mean that one of them has reviewed the menu to ensure accuracy of the notations of salt, fat, gluten-free, etc., in the dishes listed.

The two biggest problems have been staffing and obtaining a variety of items for the menus. Some parents of the high school students who had worked in Dining Services have been reluctant to let them continue working, erroneously believing that Broadmead is not a safe place to work during the pandemic. With the help of Talent Acquisition Manager Jermaine Hancock, the 20 vacancies in Dining Services have been reduced to four using a Zoom "job fair."

Dan says that teamwork has been the hallmark of dealing with the pandemic and that the tweaking of processes continues with ideas from the whole staff. Asked what Broadmead's most popular food item is, Dan replies without hesitation, "Crab cakes!"



But wait! There are more!

Broadmead Briefs

Bea Post bids Broadmead farewell

By Bea Post

My twenty years at Broadmead have been enjoyable, stimulating, and almost worry-free. Never did I ever dream of leaving, but then came 2020 and the pandemic that has taken control of almost everything. Isolation from my family and friends for a prolonged period has been depressing.

My immediate family members live near Atlanta, and they are excited that I have finally decided to join them. I will be living with my daughter, Barbara Long. My grandson and two teenage great-grandsons live next door. Two granddaughters and three more great-grandchildren also live nearby.

I am scheduled to leave Broadmead on November 2. I hope to keep in touch with my many Broadmead friends; you can reach me c/o Barbara Long, 829 Highway #42, Byron, GA 31008.

Thank you, fellow residents, managers, and staff for being helpful friends and caregivers.

[Editor's note: In addition to her leadership of the Flower Committee and mentoring of novice arrangers, Bea Post was a long-time staff member of the Voice, reporting news from Taylor and Hallowell.]

Parkinson reflection group forming

For more than a year, there has been talk of forming a group for residents who have Parkinson disease to gather and share insights, reflections, discussion, gripes—whatever comes to mind. In keeping with Broadmead's tradition of resident-initiated activities, Richard Truelove has agreed to coordinate the best time to meet (by Zoom for now), and Walter Burnett has volunteered to host the Zoom meeting. If you are interested in joining such a group, email Richard Truelove (trueloverichard@gmail.com) or call him at 410-206-7892. A mutually

agreeable time to meet will be worked out among the participants.

Who is that masked man (or woman)?

Text and photos by Kathleen Truelove

In this time of COVID-19, it has become difficult to recognize people we know, let alone greet newcomers. There's the mask, the sunglasses, the hat—Who is that person?

In the spirit of friendliness to our neighbors, please wear your nametag when you go out into the world of Broadmead. Clip or hang it in an easy-to-see place, turned so it can be read.



Who are these masked people?

The squirrel lifestyle explained

Bobbie Cook reports that over the years, in serving as a trail guide with school groups at Oregon Ridge and, earlier, at a park in Chicago, she learned something interesting about squirrels. As you pass M-10 on Copper Beech Lane, if you look up at the large tulip poplar tree close to the street at the drainage inlet, you will see two nests. The large one is for the female and, later, her babies. The smaller, haphazard nest above it is for the male. He chooses to have his own quiet space, but stays nearby. Often, the male's nest is farther from the female's, but this is a good example of the happy couple's living arrangements.



Broadmead Welcomes...

Alfred Berkeley, Y-105, 410-243-7589
alfredberkeley@gmail.com, November 2020



Among Al Berkeley's many accomplishments, the one he is proudest of is putting a live cow on top of the Rotunda at the University of Virginia. (He mentions this amazing feat only at his wife's prodding.) Perhaps this bovine obsession came from his early life on his grandparents' farm near

Roanoke, VA, where he was born.

The eldest of four children, Al spent most of his childhood in Charlotte, NC, until, like his father and great-grandfather, he went off to Episcopal High School in Alexandria, VA, at age 13. He received a B.A. from the University of Virginia and an M.B.A. from the Wharton School at the University of Pennsylvania. Upon graduation, he joined the Air Force.

When his service was over, Al joined Alex. Brown & Sons, where he ran the tech group. After 24 years, he took a leave of absence to become president, then vice chairman, of the NASDAQ stock exchange. His seven years there led to an interest in cyber security and to service under three presidents on the President's National Infrastructure Advisory Council.

Al has served as a trustee on a number of boards, including Johns Hopkins University, Episcopal High School, and the Nature Conservancy, and as a member of the Public Affairs Advisory Group for the National Science Foundation. He is currently a member of the Board of Visitors of the University of Maryland School of Medicine.

Al is definitely not retired, but he enjoys trout fishing in the Poconos. He continues to pursue his interest in cryptography, where his work led to a patent.

The Berkeleys have three daughters and four grandchildren. One daughter, Helen, is head of the English department at Friends School of Baltimore.

Text and photos by Kathleen Truelove

Muriel Berkeley, Y-105, 410-243-7589
murielvanberkeley@gmail.com, November 2020

Muriel Van Dusen met her future husband, Al, at a high school graduation party, when he introduced himself as Strother Randolph. Muriel knew Strother and challenged the impersonator, who sheepishly admitted his real identity. The rest is history; she married him as she graduated from Radcliffe College with a degree in social relations. Al was then in the Air Force, and the only job opportunity for Muriel at McGuire Air Force Base was teaching. To her surprise, she loved it and continued teaching at Roland Park Public School when she, Al, and their first daughter, Cary, moved to Baltimore in 1973.

Then, after spending several years in Philadelphia, the family again moved back to Baltimore, where Muriel earned a Ph.D. from the Johns Hopkins University in social relations, which combines sociology, social psychology, and social anthropology.

She returned to Roland Park Elementary Middle School, this time teaching struggling sixth, seventh, and eighth graders from many different backgrounds. She realized that early reading was essential to children's success in school.

Making some tweaks to a program called Direct Instruction, she was the founding president of the Baltimore Curriculum Project, which runs conversion charter schools. These schools were neighborhood public schools before converting to charter status, and they continue to serve their neighborhoods. One of the first such schools was City Springs in East Baltimore. The reading program worked, but the children's behavior was a problem. Using methods from the International Institute for Restorative Practices, the children were taught ways to deal with their behavioral issues.

Born in Manhattan, Muriel grew up in the suburbs of Philadelphia. Unlike her husband, she is definitely retired, but she continues to serve on the board of the Open Society Institute Baltimore. She enjoys reading and walking and her four grandchildren.



Text and photos by Kathleen Truelove

Broadmead Welcomes (Continued)...

Margery Cheek, Y-108, 443-956-2422
margecheeke@msn.com, November 2020

Marge Cheek, whose parents emigrated from Slovakia and Germany, was born in Newark, NJ, and raised in nearby Union. With stops in York, Joppatowne, and Monkton, she settled in Roland Park. Married 31 years ago, Marge and her husband, Wayne, divorced three years ago after a long separation. Wayne died last February. Marge raised three children, Carl, Fred, and Anne, all of whom live within a half-hour's drive of Broadmead. She has a granddaughter who is a student at the University of Delaware, and a grandson who attends the Calvert School.

Marge attended the College of William and Mary and majored in mathematics while taking electives in the art field. Deciding against having a career, she pursued an associate degree in fine arts. Marge has done a self-portrait, which she plans to bring with her to Broadmead.



She was active on the Women's Committee at the Walters for 20 years. In addition, she is a member of both the Woman's Club of Roland Park and the Wine and Food Society, where she has friends with whom she dines.

Marge enjoys good food and is contemplating cooking for herself at Broadmead.

By Libby Champney, photo from Marge Cheek

Broadmead Resident Email List

To join the Broadmead Resident email list, send an email to:
brabroadmead@gmail.com

(Do this also if you change your email address)

Sheila Taft Fitzgerald, Y-103, 410-440-5595
sfitzger45@verizon.net, November 2020

Sheila Taft Fitzgerald grew up in Richland Center, WI. With a B.S. in nursing from the University of Wisconsin, she sought to widen her world and got a job at Stanford University Hospital.

At Stanford she met her husband, William. Together they moved to Philadelphia so William could pursue a Ph.D. in economics and Sheila an M.S. in nursing, at the University of Pennsylvania. After finishing their degrees, the couple moved to the Washington, DC area, where William worked in the Department of Commerce and Sheila joined the faculty of Georgetown University.



The family, including their child, Laura, lived in Reston, VA, which Sheila describes as a wonderful, diverse community with great schools.

In 1984, Sheila was accepted at Johns Hopkins University with a full scholarship to complete her Ph.D. in occupational health nursing. After she finished, she joined the faculty, with appointments in the School of Nursing and the School of Public Health.

William died in 1992, just before Laura started college at Georgetown University. Sheila remained in Reston for another eight years, but, tired of commuting, she moved to Baltimore. For 15 years before moving to Broadmead, she lived in Mays Chapel.

Since retirement, Sheila has been volunteering at Sherwood Episcopal Church and at Marian House, an organization founded by the Sisters of Mercy and the School Sisters of Notre Dame that provides rehabilitative services to women coming out of the prison system.

Sheila often drives to Albany to visit her daughter and two grandchildren. She also loves traveling and is planning a post-pandemic trip.

*Text by Dosia Laeyendecker, Photo from
Sheila Fitzgerald*

Broadmead Welcomes (Continued)...

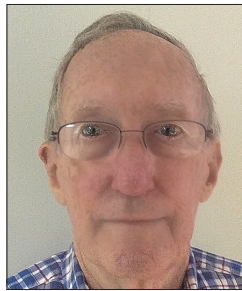
William Hardy, Y-207, 410-308-1410
billhardy@comcast.net, November 2020

Bill Hardy is moving to Broadmead with his wife, Lin, from Mays Chapel, where the two of them resided for 15 years. Bill was born in Baltimore at Women's Hospital (now GBMC). As a teenager he attended Gilman School, followed by Princeton University, where he earned a degree in aeronautical engineering. He went on to graduate school at the University of Virginia. After that, he worked for Boeing, near Philadelphia, where helicopters were manufactured. He retired from Boeing in 1999.

Bill and Lin lived in Wilmington, DE, until 2005 when they moved back to the Baltimore area.

Bill volunteered as a high school lacrosse coach when his children were growing up. He was treasurer of the Delaware Lacrosse Foundation and is a member of the Delaware Lacrosse Hall of Fame. He also taught at the University of Delaware Academy of Lifelong Learning, helping students to use Quicken for financial matters, and teaching photographic processing using Photoshop.

Bill says he doesn't really have hobbies at this point, though he does serve as webmaster for his Princeton class website.



Text by Libby Champney photo from the Hardys

Lin Turner Hardy, Y-207, 410-308-1410
linhardy@comcast.net, November 2020

Lin Hardy missed being a St. Patrick's Day baby by one day, but she thinks that the "luck of the Irish" has been with her nevertheless. The eldest of seven children, Lin was born in Charleston, SC, but raised in Baltimore. She attended Roland Park Country School and graduated from the University of Delaware. She later received a master's degree in human resources from Widener University.



Living in Wilmington, DE, Lin worked first in real estate and then as assistant director of information services at Winterthur. She retired in 1999 but continued to do seasonal tax work until two years ago.

Married for 54 years, Lin and her husband, Bill, have three children: Bill and his wife Kelly, who have two children in college; Michael, who lives in Phoenix, AZ; and Margaret and her husband Guy, who live in Columbia with their daughter, a fifth grader.

Lin volunteered in schools and with the Junior League before moving back to Baltimore in 2005, where she volunteered at GBMC's Nearly New Sale. The family returned to Baltimore because two of their three children and five of her six brothers and sisters lived here. When she is not visiting with family, Lin enjoys working at her favorite hobby—knitting.

Text by Libby Champney photo from the Hardys

Multicultural Committee

"Five Years After Freddie Gray, Five Months After George Floyd"

Dr. Richard Smith
Associate Professor of Sociology
McDaniel College

Tuesday, November 17, 3 p.m.

Zoom link to be provided later

BRA Health Care Lecture

"Dementia Care at Broadmead and Darlington"

Monday, December 7 at 3:30 p.m.
via Zoom

The Zoom link will be provided later.

Broadmead Welcomes (Continued)...

Donald Killgallon, U-104, 410-804-7446
dkillgallon@gmail.com, November 2020

Don Killgallon turned an innate appreciation for sentences and their structure into a widely used method for teaching composition. In this method, students are taught to see how sentences written by recognized authors are built, and they then learn to compose sentences modeled on them.

Born in Wilkes-Barre, PA, Don was raised in Texarkana, TX, a town that straddles Texas and Arkansas, with all the predictable consequences of the Texas side being dry and the Arkansas side not.

Don obtained his bachelor's degree from Kings College in Wilkes Barre. He went on to acquire three masters' degrees: one from the University of Maryland, and two from



Johns Hopkins University. He taught English in the Baltimore County Public School system and then, on assignment from the county, became a specialist in middle schools for the Maryland Department of Education. Along the way, he wrote a textbook on teaching composition by

imitating sentences by accomplished writers. It caught the attention of the chair of the English Division, who recommended that it be adopted by English departments across the county.

In 1990, Don retired from the public schools to concentrate on writing textbooks. He has written 18 books in all, most co-written with his wife, Jenny, including two at the college level.

After his retirement, Don continued to teach writing at Loyola, the University of Maryland, Towson University, and Johns Hopkins University. He and Jenny are currently teaching a class on writing in the Johns Hopkins Odyssey Program.

Don's hobbies include playing on an electronic keyboard, listening to music, and reading.

Text by Jackie Mintz, photo from Don Killgallon

Jennifer Crocker Killgallon, U-104, 410-804-7192
killgall@gmail.com, November 2020

Jenny Killgallon is, in her own words, a country girl who began life in the country



and wanted to end it in the country. But there was lots more in-between.

Raised in Glen Arm, Jenny went to Dulaney High School and Towson University. She was a teacher of English in the Baltimore County Public School system and also a

writing specialist at the Maryland Department of Education. After retiring from the public schools, she taught part-time at Maryvale Preparatory School.

In her classes, Jenny taught students to write poetry by modeling their poems on published authors. Student ingenuity delighted her. One of her favorite stories comes from a class in which she used as a model Langston Hughes' poem "What happens to a dream deferred?" Her student wrote, "What happened to the other sock?"

When Jenny retired, she began working with her husband, Don, on a textbook series on teaching writing using the sentences of professional writers. A new textbook is in the offing.

Jenny has been familiar with Broadmead for over 20 years, ever since her aunt, resident Louise "Weezy" Davis, moved here. She is also a cousin of Carol Harvey, front desk staffer. Jenny and Don moved here from Lutherville, where they lived for 40 years.

Jenny volunteers with Reading Partners and tutors English as a Second Language for Asylee Women Enterprise, an organization that works with women seeking asylum. Her other interests are writing, reading, and theater.

Text by Jackie Mintz, photo by Don Killgallon

Broadmead Welcomes (Continued)...

Craig E. Smith, U-307, 410-377-5247
craigs@towsonfamilylaw.com, November 2020

Craig Smith, a lifelong resident of Baltimore, grew up in the Greenbrier neighborhood and graduated from Towson High School, where he met his future wife, Mary-Beth Wood, in French class. She was misbehaving in the back of the room and was moved to the front, near Craig. Soon she was sending him notes when the teacher wasn't looking.

Craig received a B.A. in history from Yale University. Craig and Mary-Beth were married in 1970 and spent the next three years in New Haven, while Craig attended Yale Law School. The couple then spent a year in Montgomery, AL, where Craig clerked for Judge Richard T. Rives in the Fifth Circuit Court of Appeals. Upon returning to Baltimore, they lived first for two years in Wiltondale before moving to Stoneleigh.

The year at the Fifth Circuit Court of Appeals provided challenging legal issues: questions of cruelty to students and issues related to whether a mental health patient could refuse medication. In Baltimore, Craig focused on litigation at Venable, Baetjer and Howard, where he practiced from 1974 to 2009. Craig has been an adjunct instructor at the University of Maryland Law School. Currently, he practices with the small firm of Howanski and Erdman.

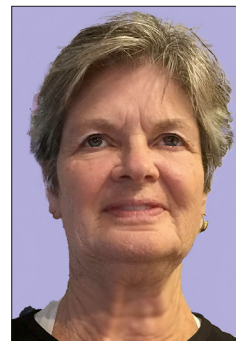
His interests include gardening, birding, butterflies, and exercising.



Mary-Beth Smith, U-307, 410-377-5247
mbsmith76msw@gmail.com, November 2020

Moving to Broadmead will complete a connection for Mary-Beth Smith. Her mother, who had Quaker roots, had planned to move to Broadmead but died before that could happen. Mary-Beth was born, raised, and has continued to live in the same Stoneleigh neighborhood except for two years in Wiltondale, just after she and Craig were married 50 years ago. They have two sons: Taylor, a business consultant, lives in Manhattan, and Garrett, deputy chancellor of the University of Massachusetts Boston, lives in Wellesley, MA. The Smiths also have four grandchildren, ages seven to eleven.

After graduating from Towson High School, Mary-Beth earned a B.A. from Wilson College in Chambersburg, PA, and a Master of Social Work from the University of Maryland, Baltimore. She practiced privately in the Village of Cross Keys from 1984 to 2016, helping clients with issues of infertility, bipolar disorders, and depression. In addition, she served as a board member for the Fellowship of Lights, an organization that found temporary placement for children in transition, the Maryland Board of Social Work Examiners, and the Maryland School of Social Work.



Mary-Beth retired in 2018. Although she misses her professional life, she has continued to enjoy community activities, especially the speakers and programs offered by the Woman's Club of Roland Park, the Hamilton Street Club, and an art seminar group. She also plays golf and bridge. She is looking forward to exploring Broadmead's outdoor spaces and meeting new people.

Text by Elsa Collins, photo by Mary-Beth Smith

Barn Sale Furniture

Still selling furniture and appliances

Contact Duffy Mathias at Duffy99@flash.net
or call 410-960-7562

Broadmead Welcomes (Continued)...

Paula Scheye, M-12, 410-925-8911
pscheye@gmail.com, October 2020

Paula was born in Philadelphia and moved to Louisville at age four. The family then settled in Baltimore, where Paula, then a fourth grader, grew up “out Liberty Road.”

She graduated from Mercy High School and then went on to earn a degree in English at Towson State College. Subsequently, she completed coursework in the doctoral program in English at the University of Iowa.

Paula began her career as a teacher of English and writing at Catholic High School, and then taught at Towson State and Loyola College. In her 40s, she changed career paths, undertaking graduate work in psychology at UMBC in order to become a child psychotherapist.

Married in 1972, Paula and her husband, Tom, first lived in the Glendale area of Towson and then moved to the Beeches neighborhood, also in Towson, where they lived for 25 years before moving to Broadmead.



Paula has volunteered at the SPCA as a “cat cuddler” and has fostered cats. The Scheyes, however, are known as “foster failures” because they adopted their foster cat, Tyger, rather than turning him back and continuing to foster. Tyger, who has an elaborate cat castle, has accommodated quickly to life at Broadmead. The large windows in M-12 give him a panoramic view of the outdoors.

Paula enjoys quilting and gardening, both of which she hopes to pursue in her new home.

Text and photo by Kathleen Truelove

Tom Scheye, M-12, 443-956-0066
scheye@loyola.edu, October 2020

Tom Scheye and his wife, Paula, are both “almost natives,” having moved to Baltimore as children. Tom was born in Savannah, GA, and moved to Baltimore at age three. He grew up “on the West Side,” in the Edmondson



Village area, and graduated from Loyola High School (now Loyola Blakefield). He earned a B.A. at Georgetown University, an M.A. at Yale University, and a Ph.D. at the University of Pennsylvania, all in the field of English. He then joined the faculty of Loyola College

(now Loyola University Maryland), where he held a variety of positions over 50 years. He taught English and then became department chair. He subsequently rose to the position of Academic Vice President and Provost and also served as Acting President. He is now Distinguished Service Professor and Senior Advisor to the President.

Tom met his wife, Paula, when she was a student in his freshman writing course at Towson State College. He says that had he been president there, he would have fired himself for dating a student. All’s well that ends well, and they have been married for nearly 50 years.

Speaking of Shakespeare, Tom says he would enjoy teaching a course at Broadmead on Shakespeare. In addition to teaching and reading, he enjoys crossword puzzles. There is a division of effort in the Scheye household: Tom does the Thursday, Friday, and Saturday puzzles from the New York Times. Paula does the Monday, Tuesday, and Wednesday ones, and they do the Sunday puzzle together.

Text and photo by Kathleen Truelove

More book recommendations . . .

Countdown 1945 by Chris Wallace is an account of the development of the atomic bomb and the secrecy surrounding its development. Even Vice President Harry Truman didn't know about it until President Roosevelt died. The anguish of the scientists who worked on the bomb was matched by those who thought it would not work. For months, the Army Air Corps trained selected crews on the island of Tinian, in the Northern Mariana Islands, on the precise tactics for delivery of the bomb and kept them secluded from other crews. The delivery of the bomb to Hiroshima (Wallace doesn't tell much about Nagasaki) and the devastation of its impact are narrated in detail. Interviews with some survivors highlight the imperative to never again use this weapon of destruction.

—Sid Levy

Another great Lincoln read is *Lincoln on the Verge* by Ted Widmer. It is about Lincoln's whistle-stop train trip from Springfield, Illinois, to Washington, D.C., in February 1861 after a highly contested election. It is a time like our own in many ways, full of recognizable American characters, noble and ignoble. At 467 pages, it's still an easy read and available from the Baltimore County Public Library.

—Margaret Craig

Although published in 2008, *The Given Day* by Dennis Lehane deals with critical

topics that face us today: an epidemic (the 1918 influenza pandemic), unrest in the police department (the Boston Police strike of 1919), and racism when a Black man leaves the Midwest to seek a more tolerant

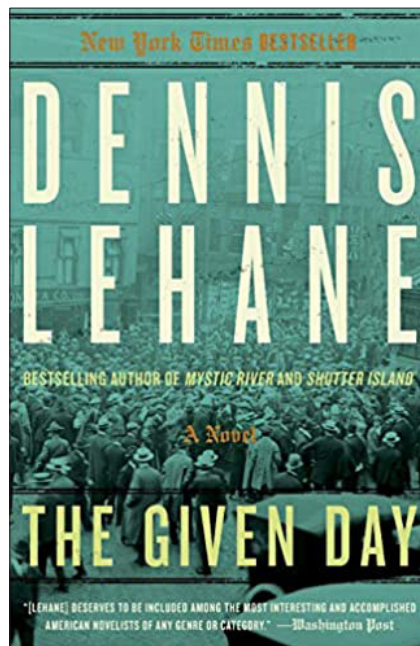
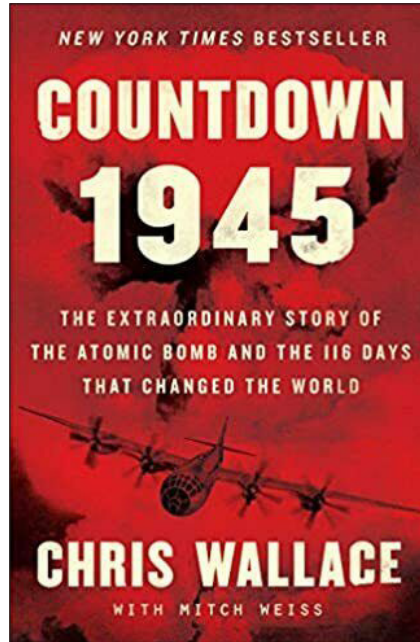
environment in New England. The central character is Danny Coughlin, an Irish Boston cop in a family of Irish Boston cops. As the flu rages through Boston and Danny walks his beat, he questions why his fellow dedicated officers are paid so little and required to work long hours with no additional compensation. This question looms larger and larger until, despite dire warnings from the mayor and the governor, Danny leads the cops to go on strike. Don't be put off by Babe Ruth's antics in Chapter 1, because it serves to introduce Luther Lawrence, the Midwesterner who is befriended by Danny in Boston. There we have it: the flu, police defiance, Black Lives Matter—written in 2008 and on target for 2020. I have a copy of the book to lend.

—Sid Levy

Hieroglyphics by Jill McCorkle is a great read, featuring four well-drawn main characters, sympathetic but not perfect. Lil and Frank are a couple in their 80s, and Shelley is a young woman who lives with her son Harvey in Frank's childhood home. The story takes place over a period of years, starting in the 1940s, and goes back

and forth among the characters and among the years. Family secrets are the heart of the plot. I was way down the list to borrow it from the library, so I bought a hard cover edition to read for my book group. It is available to lend.

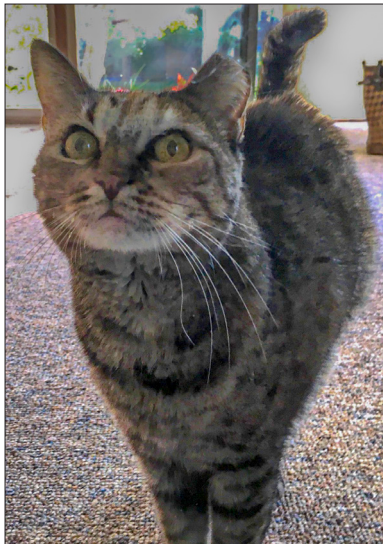
—Kathleen Truelove



Book Recommendations (continued from page 11) . . .

The Harbinger: The Ancient Mystery That Holds the Secret of America's Future by Jonathan Cahn really held my attention. Nouriel is given nine small clay seals (harbingers) by a "prophet," which serve to unfold the mystery and history one event at a time. The secret of America's future is involved and it begins to be evident with the 9/11 catastrophe. Twenty-five hundred years ago, the same events occurred in the same order in Israel. The prophetic books of Elijah, Hosea, and Amos speak of the warnings given to Israel, and the author writes that America reflects them again, down to the very same time intervals. A second book, *The Harbinger II: The Return*, was recently released. It reflects what is happening today in America. I was unable to put it down.

—Gay Block



Toula the cat settles into Q-4

Text by Jackie
Mintz, photo by
Karen Willig

Toula Willig
has made the
transition from an
outdoor California
cat to an indoor
Broadmead cat

with remarkable speed.

She used to do what most cats do (or would do if permitted), which is to prowl and capture small animals and birds to bring home. So much so that when Karen returned recently to her home and saw a feather outside the door, she assumed, wrongly, that it was Toula's handiwork.

Karen and her late husband, Curt, adopted her as a feral kitten. They retained the name she came with—Tallulah—but shortened it to Toula. She remains a timid creature and

survived a Marin County environment with coyotes and other larger animals of prey by picking prudent hiding places. In her new environment, too, she generally keeps a wary distance from large creatures like Karen's visitors, often hiding behind the washing machine.

Broadmead wins James W. Rouse Excellence in Diversity Award

By Gwen Marable

Broadmead has been named a winner of the James W. Rouse Excellence in Diversity Award, sponsored by the Chesapeake Human Resources Association. Broadmead won the award for the mid-sized organization that best exemplifies a culture and environment of diversity and inclusion.

In notifying the community about the award, Jennifer Maraña, Director of Diversity and Inclusion, thanked the members of the Multicultural Committee for their commitment to Broadmead's diversity and inclusion journey. She also expressed special appreciation to Vice President of Human Resources Yolanda Johnson, the Human Resources Team, and the Executive Leadership Team, for their partnership and diversity-related initiatives.

The award was presented virtually in October at the annual Diversity Awards and Education Program.



Men's Social resumed on October 6 with Michael Yaggy speaking to a physically distanced group.

Maryland My Maryland

The Catonsville Nine

By Sidney M. Levy, photos from Baltimore Sun and WBAL

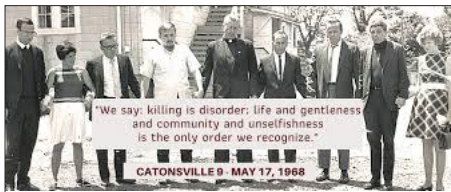
During the height of the Vietnam War in the 1960s, there was a rising tide of protest. The anti-war movement was particularly widespread on college campuses. The demands were not only that the United States pull its troops out of the war, but also that the draft be suspended. Some young men vowed to move to Canada and others claimed educational or medical exemptions to avoid conscription.

In Baltimore, two Roman Catholics—Tom Lewis, an artist, and Daniel Berrigan, a Josephite priest—were joined by two Protestants, writer David Eberhardt and Rev. James L. Mengel, in a group that came to be known as The Baltimore Four. On October 17, 1967, they broke into the Baltimore City Custom House and poured blood on draft records. This gained them the attention they sought to publicize their objection to the war.

By May 1968, the group had more than doubled and called themselves The Catonsville Nine. On May 17, they stormed into the Catonsville office of the Selective Service

System (SSS) at the Knights of Columbus building on Frederick Road and took about

600 1-A draft record files out to the parking lot in wire incinerator baskets and burned them with homemade napalm. A total of 378 draft records were destroyed. Baltimore County



The Catonsville Nine



Philip Berrigan removing draft records from the Catonsville draft board

Police arrested the Nine at the scene. While the protesters were in jail, they sent a letter of apology and a bouquet of flowers to Mary Murphy, the SSS employee who had tried to prevent them from taking the records.

The Catonsville Nine were tried in federal court in early October 1968. Large crowds protested outside the courthouse. This was just two months after violence broke out at the Democratic Nominating Convention in Chicago. The defense team was led by counterculture attorney William Kunstler. The defendants were found guilty of destroying U.S. property and interference in the Selective Service Act. Daniel Berrigan was sentenced to three years in prison. Four of the nine—Mary Moylan, brothers Philip and Daniel Berrigan, and George Mische—went underground when it came time to serve their sentences. The FBI finally caught Daniel Berrigan in 1970. He was paroled after serving two years of his three-year sentence.



Burning the draft records with homemade napalm

The Catonsville Nine inspired other anti-draft, anti-military groups such as Students for a Democratic Society, the Weather Underground, the Chicago Eight, the Harrisburg Seven, and the Silver Spring Three. This outpouring of youth protest was part of a continuing movement that became a model for civil protests in years to come.



Brothers Daniel and Philip Berrigan

BRA Movies

Shown at 7 p.m. on Channel 970

Tuesday Movies by Elborg Forster

Saturday Movies by Jean Wilson

Tues., Nov. 3 *One Flew Over the Cuckoo's Nest*

1975 R 2h 9m

Jack Nicholson and Louise Fletcher (Nurse Ratched) star in this brilliant psychodrama/comedy set in a psychiatric institution.

Sat., Nov. 7 *All the President's Men*
1976 PG 2h 19m

Washington Post reporters Bob Woodward (Robert Redford) and Carl Bernstein (Dustin Hoffman) uncover the details of the Watergate scandal that led to President Nixon's resignation.

Tues., Nov. 10 *Antonia's Line*

1995 R 1h 42m

A strong-willed Dutch woman recalls her life in this uplifting picture of living on a farm after WW II. It won the Academy Award for Best Foreign Language Film.

Sat., Nov. 14 *The Spy Who Came in from the Cold*

1965 R 1h 52m

Based on the novel by John Le Carré, this brilliant film set in Cold War Germany stars Richard Burton as a British agent on his last overseas assignment.

Tues., Nov. 17 *Oh, What a Lovely War!*

1969 G 2h 24m

This musical satire follows a British working-class family during the buildup to and tragedy of World War I. The all-star cast includes Laurence Olivier, Maggie Smith, John Gielgud, and Ralph Richardson.

Sat., Nov. 21 *Black Panther*

2018 PG-13 2h 15m

Chadwick Boseman stars in this superhero epic film from Marvel Studios. Warriors, both male and female, fight for control of a vividly rendered African kingdom.

Tues., Nov. 24 *The Odd Couple*

1968 G 1h 46m

Jack Lemmon and Walter Matthau are the perfect odd couple in this comedy based on a play by Neil Simon.

Sat., Nov. 28 *Red*

2010 PG-13 1h 51m

After surviving an assault from a squad of hit men, a retired CIA agent, played by Bruce Willis, reassembles his old team, including Morgan Freeman, John Malkovitz, and Helen Mirren, to track down a dangerous conspiracy.

Corner Cupboard

The Corner Cupboard will take orders for groceries, Monday through Friday, from 8:00 a.m. until 1:30 p.m. for same day delivery. Orders placed after that time will be filled and delivered the next business day.

Available items and prices on Caremerge under Dining Services

To order, call x8075
or email robink@broadmead.org



Broadmead's good neighbor, G.B. Heron

New Arrivals

Tom and Paula Scheye
M-12 on October 19
443-578-8422

Nell Thompson
U-102 on November 16
443-578-8502

Tom and Brenda Boytim
U-106 on November 18
Tom (856) 912-4430
Brenda (609) 405-8314

John and Hazel Griffith
Y-205 on November 19
443-578-8539

Leonard Fass and Carel Hedlund
U-308 on November 19
443-578-8525

Betty Legenhausen
U-108 on November 24
443-578-8508

Pam Felton
Y-301 on November 25
443-578-8544

Sue Battye
U-105 on December 1
410-561-8486

**William Hakkarinen and
Marsha Howes**
Y-202 on December 1
443-578-8536

Marsha Rosenberg
U-209 on December 1
443-578-8517

Bill and Chris Mitchell
U-203 on December 2
410-299-3894

Moving Around Broadmead

From Hallowell to Darlington

**Ruth Bronstein
Mary Dempsey
Adele Free
Dorothy Gustafson
Gretchen Marcus
Sandra McClung
Elaine McDonald
Magdalena Reissig
Barbara Sieck
Barbara Smith
Laura Waschler
Ruth Williams**

To Darlington

**Betty Lou Anderson, from R-14
Nancy Clark, from P-8**

In Memoriam

Robert Wolfson
April 5, 1928 – September 23, 2020

Virginia Schurman
August 5, 1941 – September 26, 2020

Thomas Koch
October 9, 1944 – September 30, 2020

Margaret "Peggy" Taliaferro
November 26, 1926 – October 1, 2020

Ann Remington
December 8, 1922 – October 12, 2020

The pandemic also has mental effects

By Sidney Levy

The physical aspects of warding off the coronavirus are repeatedly emphasized by infectious disease experts, including Dr. Anthony Fauci: Wear a mask, maintain physical distance, and wash hands often. But there are other components to dealing with this pandemic. Teresa Geroulo, Broadmead's Director of Social Work, recently addressed the emotional aspects of the pandemic in a Zoom meeting.

Teresa focused on distinguishing emotions that are "normal" and those that may require intervention. She stressed that it's perfectly normal to feel a little anxious, given the times we are living in. The goal is to strike a balance between being dominated by fear and worry and ignoring the pandemic entirely.

Worry, though, can sometimes become overwhelming. One approach to dealing with this is to set up a designated worry time. Make a list of the things that are worrying you, identify which are probably not going to happen—for example, "Everyone in my family will get COVID"—and which are more realistic. Then come up with a plan to address the more realistic ones.

A good idea for everyone is to limit the time watching the news on television or getting news from the Internet. Being sedentary encourages depression. Take a walk or an exercise class. Eat healthy. Also, don't overindulge in alcohol. Although it might ease the pain for the moment, alcohol may cause problems with drug interactions and increase the risk of falling.

Other things that may help: keep a journal, complete that project you have been putting off, write your autobiography. Practice mindfulness (search "Mindfulness Minute" online for quick exercises). Tai chi and qigong combine exercise and mindfulness. Tai chi is offered by the Center for Wellness.

For those who are comfortable with it, embrace technology. Reach out virtually to friends and family. Invite a neighbor over for a visit, but start the invitation with: "I am fine if you are not ready to socialize. I just wanted you to know I was thinking about you." That gives the person permission to decline if they are not

ready to venture out.

One resource for help is the Friendship Line, 800-971-0016. It is both a crisis hotline for older adults and a welcoming line for non-emergency support. It is staffed 24/7 with trained volunteers.



Canine equivalent of an electric scooter

Voice of the Residents

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Copy Editor Del Sweeney

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